

Wamberal Public School

Safe Respectful Leaders Program

A Guide for Our Community

Wamberal Public School

Safe Respectful Leaders Program: Rationale

Our commitment to our students, parents and members of the community is that our school will be a teaching and learning environment that enables the development of healthy, happy, successful and productive individuals. In turn, our students will be expected to contribute to their own wellbeing, the wellbeing of their peers and the collective wellbeing of their communities. In this way schools in partnership with parents and carers will equip children and young people to be active and positive contributors to the society in which they live.

The Safe Respectful Leaders Program is a peer led playground leadership program that encourages all students to participate in activities that support the development of their wellbeing.

This program supports our Positive Behaviour for Learning Framework, anti-bullying programs, student leadership and participation policy, student wellbeing and engagement directions and student physical activity curriculum.

It enhances student skills, experiences, relationships, and behaviours that will enable young people to develop into healthy individuals.

The Safe Respectful Leaders Program offers opportunities for:

- student leaders to gain valuable communication, leadership and conflict resolution skills while leading games on the playground;
- K-6 students to be physically active and engaged at lunch and recess;
- structured play activities during lunch and recess while still having fun;
- support for anti-bullying messages and conflict resolution;
- improvement in student engagement and wellbeing;
- increase in positive behaviours;
- mentoring of students by school staff.

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Safe Respectful Leaders Program:

Objectives

In our school, we work to ensure every child is known, valued and cared for. Parents want the very best for their children. Our staff are committed to nurture, guide, inspire and challenge students – to find the joy in learning, to build their skills and understanding, and to make sense of their world.

In the early years, it means having confidence that each individual child will be known and understood and their individual potential developed.

As students progress, it means knowing that they are well supported as increasingly self-motivated learners – confident and creative individuals, with the personal resources for future success and wellbeing.

Objectives of our Safe Respectful Leaders Program are to:

- increase physical activity and engagement for children on the playground;
- increase positive behaviour, decrease conflict and reduce the incidence of playground bullying; and
- provide student leadership opportunities.

Participants benefit by:

- being provided with opportunities to improve physical activity and engagement levels;
- being supported with organised play and fun activities that can decrease bullying incidents;
- engaging in games which teach social skills and playing with others to help students have a positive view of themselves and others.

Student leaders benefit by:

- developing skills in communication, problem solving, team work/fair play, conflict resolution, responsibility.

All students benefit by:

- building better peer relationships, social skills, respect and understanding; and
- experiencing positive role modelling, which can decrease the frequency of teacher intervention in resolving conflict and lead to less negative incidents on the playground.

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Safe Respectful Leaders Program: The Role of the Teacher Mentors

The Safe Respectful Leader Program encourages students to use their time productively on the school playground by helping them learn new and traditional games and activities. Teacher mentors support all students in achieving the objectives of the program.

The Learning and Wellbeing Teacher and SRC Coordinator:

- review the objectives of the program;
- talk about the students' role in teaching younger students how to play;
- highlight the leadership opportunity and a chance to make a difference in their school by decreasing negative behaviour and increasing physical activity;
- coordinate the program timetable;
- emphasise how children look up to leaders and the importance of role modelling positive behaviour every day;
- provide an overview of the training;
- implement the application and selection process;
- distribute copies of the application and parent permission forms;
- review program commitment; and
- facilitate the student training program.

All Teachers

As a mentor, all teachers promote student wellbeing to ensure optimum conditions for student learning across the whole school.

The strategic and planned approach to whole school wellbeing processes supports the wellbeing of all students so they can connect, succeed, thrive and learn.

Students will be known by staff:

- learning the names of the Safe Respectful Leaders and participants;
- supporting the Safe Respectful Leaders to learn the names of their participants; and
- providing guidance and mentoring to support the Safe Respectful Leaders.

Students will be valued by staff:

- encouraging Safe Respectful Leaders to research new playground games;
- asking Safe Respectful Leaders for their ideas to solve a problem on the playground;
- supporting student leaders in learning from each other;
- praising the Safe Respectful Leaders for meeting expectations, making good choices, trying their best; and
- celebrating Safe Respectful Leaders' achievements and strengths during training and on the playground.

Students will be cared for staff:

- guiding development of clear rules, consistent consequences for breaking rules, and encouragement to do their best;
- supporting the leaders in understanding the boundaries within their role and safety aspects on the playground;
- facilitating self-reflective behaviours in leaders when reviewing playground situations;
- helping leaders to learn leadership, communication and conflict resolution skills;
- modelling and teaching positive ways to resolve conflicts; and
- actively listening and providing honest feedback.

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Safe Respectful Leaders Program: Student Training Schedule

Training Session 1 – Introduction and Leadership Training

- Introduction and leadership training
- Qualities of a leader and leadership styles
- Communication skills
- Bullying prevention training
- Fair play
- Safety on the playground

Training Session 2 – Guided Leadership of Activities and Games

- Set up stations (skipping, tag, ball games, etc.)
- Divide the Safe Respectful Leaders into 3-4 equal groups
- Allow an equal amount of time at each station
- Each group will rotate through each station

Training Session 3 – Conflict Resolution Training

- Conflict resolution scenarios and discussion
- Review leader commitment and schedule
- Feedback for future activities

Safe Respectful Leader Meeting Week 5 and 10 each term

- Feedback on the program – positives and negatives
- Develop and learn new activities
- Discuss concerns and problem solve
- Review the schedule
- Plan activities and advertising menus for next term
- Plan fundraising activities to purchase new equipment

Safe Respectful Leaders Program: Sample Activities

Playground Activities		STEM Activities	
Activity	Equipment	Activity	Resources / materials
Kick a Taw Hopscotch	<ul style="list-style-type: none"> beanbags 	Amazing Architecture	<ul style="list-style-type: none"> Mini marshmallows Spaghetti sticks
Number Hopscotch		Board Game Fun	<ul style="list-style-type: none"> Buttons Cardboard Pens Masking tape Ruler Paper
Here, there, nowhere		Strong bridges	<ul style="list-style-type: none"> Sticky tape Straws Scissors Paper clips Rubber band
Untie the knot		Build a raft	<ul style="list-style-type: none"> Straws Masking tape
Twister	<ul style="list-style-type: none"> Twister instruction board 	Button tower	<ul style="list-style-type: none"> Large buttons Playdough
Totem tennis	<ul style="list-style-type: none"> Totem tennis sets 	3D Cube	<ul style="list-style-type: none"> Toothpicks Playdough
quoits	<ul style="list-style-type: none"> quoits 	Pyramids	<ul style="list-style-type: none"> Pipe cleaners Straws Sticky tack
elastics	<ul style="list-style-type: none"> One 2–3 metre length of elastic tied at the ends to make a circle 	Wind powered boat	<ul style="list-style-type: none"> Foil Straws Paper Masking tape Toothpicks Paddle pop sticks Plastic cups
		Basketball holder	<ul style="list-style-type: none"> Newspaper Masking tape
		'Egg' Carrier	<ul style="list-style-type: none"> Pipe cleaners Tissue paper Foil Cardboard
		Racing cars	<ul style="list-style-type: none"> Toy car Balloon String Small bits of cardboard Masking tape Straws magnets
		Build a chair	<ul style="list-style-type: none"> Newspaper Teddy bear (or similar toy) Foil Masking tape

At Wamberal Public School we are committed to preparing our students for a complex and rapidly changing world through nurturing, guiding, inspiring and challenging our students to find joy in learning, build their skills and understanding and to make sense of their world.

In addition to teaching subject content, we acknowledge our role in developing young people who are media and information literate, critical thinkers and problem solvers, effective communicators and team players.

Our comprehensive programs of student participation and leadership develop civic responsibility, environmental awareness, creative skill, sportsmanship and teamwork as well as various other transferable lifelong skills.

Enhancing our children's wellbeing in this way enables them to realise their full potential, be equipped with personal resources for future success and wellbeing and to participate fully in their community.