

WAMBERAL PUBLIC SCHOOL ATHLETICS RECORDS

EVENT	GIRLS	TIMES	YEAR	BOYS	TIMES	YEAR
TRACK EVENT:						
8 Yrs. 100m	B. Shoveller	16.74	2004	H. Hayes	15.32	2010
9 Yrs. 100m	T. Massey	15.62	1998	J. Halpin	14.65	1999
10 Yrs. 100m	L. Melville	14.94	1989	T. Rae	13.59	1989
11 Yrs.100m	C. Borg	14.00	2011	T. Evans	13.09	2004
12 Yrs. 100m	L. McPhan	13.57	2017	J. Urquhart	13.25	1988
13 Yrs. 100m	S. Stols	16.05	2014	A. Stols	15.57	2014
Junior 200m	T. Massey	32.69	1999	S. Drinkwater	29.35	2007
11 Yrs. 200m	B. Shepherd	29.67	2004	T. Evans	28.29	2004
12/13 Yrs. 200m	T. Massey	28.13	2001	C. Cusack	28.00	2012
Junior 800m	K. Houtman	2.50.49	1986	L. Taylor	2.45.91	1991
11 Yrs. 800m	C. Delaney	2.43.11	2006	J. McArthur	2.31.35	2018
12/13 Yrs. 800m	J. Freers	2.47.50	2021	T. Linwood	2.35.85	2005
FIELD EVENT:						
Junior Shot	L. Vanderwyk	8.70m	1995	K.Wise	10.00m	1991
11 Yrs. Shot	R. Locke	10.11m	1991	N. Waters	11.78m	2012
12/13 Yrs. Shot	K. Dyer	8.12m	2018	H. Lestrangle	9.15m	2021
Jnr.High Jump	L. Osbourne	1.22m	1983	T. Evans	1.41m	2003
	N. Harrison		1998			
11 Yrs.H.J.	C. Shearer	1.31m	2004	T. Evans	1.50m	2004
12/13 Yrs. H.J.	T. Massey	1.43m	2001	N. Waters	1.40m	2013
				D.Ackerley		
Jnr.Long Jump	L. Melville	3.74m	1988	T. Rae	4.23m	1989
11 Yrs. L.J.	A. Kimberley	3.89m	2018	T. Evans	4.55m	2004
12/13 Yrs. L.J.	A. Kimberley	4.24m	2019	S. Janes	4.64m	1988
Jnr. Discus	B. Shipley	22.00m	2009	N. Waters	31.88m	2011
11 Yrs. Discus	J. Bogle	19.50m	1997	R. Amyouni	24.13m	2003
12/13 Yrs. Dis	A. Donoghue	21.01m	2002	N. Waters	26.50m	2013
RELAY:						
Jnr. 4 x100	CAWLEY	1.04.82	1986	CHAPPELL	1.04.21	2003
Snr. 4 x 100	CAWLEY	1.01.95	1986	CAWLEY	59.72	1982

Wamberal Public School



Athletics Carnival

2022

2022 PROGRAM OF EVENTS



8:30

800m Finals (no heats)

Boys/Girls—12 & 13 years

Boys/Girls—11 years

Boys/Girls—Juniors

10:00

Age Race Heats 100 metres (approx. start 10:15)

Boys/Girls— 12 & 13 years

WAR CRIES

Boys/Girls— 11 years

Boys/Girls—10 years

Boys/Girls— 9 years

Boys/Girls— 8 years

Boys/Girls—7 years

Long Jump—Boys/Girls—Junior (8, 9 & 10 years)

Discus— Boys/Girls—Junior (8, 9 & 10 years)

High Jump— Boys/Girls—11 years

Shot Put- Boys/Girls—12 years

Novelty Race—Boys/Girls— Junior & Senior

200m Finals (no heats)

Boys/Girls—12/13 years

Boys/Girls— 11 years

Boys/Girls— Juniors

Lunch (no set break)

Long Jump—Boys/Girls— 12 years

Discus—Boys/Girls— 12 years

High Jump—Boys/Girls—Junior (8, 9 & 10 years)

Shot Put—Boys/Girls— 11 years

Age Race Finals

Boys/Girls— 12 & 13 years

Boys/Girls— 11 years

Boys/Girls— 10 years

Boys/Girls— 9 years

Boys/Girls— 8 years

Boys/Girls— 7 years

(PLEASE do not leave without checking whether your child has qualified for the relay)

Long Jump—Boys/Girls— 11 years

Discus— Boys/Girls—11 years

High Jump—Boys/Girls—12 years

Shot Put—Boys/Girls—Junior (8, 9, 10 years)

Relays

Junior (8,9 & 10 years) relays (4 x 100m)

Senior (8,9 & 10 years) relays (4 x 100m)

Clean Up. On buses by 2:30pm

Field Events

Please listen carefully to the announcer, Mr Smith, as you may need to leave your field event to compete in a track event. Make sure you return to the field event as soon as you finish your race. This is your responsibility and no events will be re-run or re-started if you miss your event.

House Captains 2022:

BRADMAN: Xavier and Spencer

CAWLEY: Koby and Gigi

CHAPPELL: Asher and Alicia

FORD: Calan and Mia

Important Dates:

Tuggerah Lakes (TL) Zone Carnival - Friday 19th August

PLEASE NOTE: Only 1st & 2nd from each age group make it through to the TL Athletics carnival in all events EXCEPT the 100m where 1st, 2nd & 3rd go through to the next level.

Sydney North Area Carnival Homebush - Monday 19th September

State PSSA Carnival Homebush - Wednesday 19th October