

Wamberal Public School

Short Term Flexible Learning at Home



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Short Term Flexible Learning at Home Suggested Timetable

Suggested Times	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 – 10:15	English	English	English	English	English
10:15 – 10:30	Fruit / Brain Break	Fruit / Brain Break	Fruit / Brain Break	Fruit / Brain Break	Fruit / Brain Break
10:30 – 11:15	English	English	English	English	English
11:15 – 11:30	Physical Activity	Physical Activity	Physical Activity	Physical Activity	Physical Activity
Break					
12:15 – 1:15	Mathematics	Mathematics	Mathematics	Mathematics	Mathematics
1:15 – 1:30	Physical Activity	Physical Activity	Physical Activity	Physical Activity	Physical Activity
Break					
2:10 – 2:50	Other Activities	Other Activities	Other Activities	Other Activities	Other Activities
2:50 – 3:30	Other Activities	Other Activities	Other Activities	Other Activities	Other Activities

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Short Term Flexible Learning at Home Suggested Daily Activities

	Daily Activities	Digital Resources
English – Reading	<p>Choose a book to read aloud with a family member. Before reading, what do you predict the book will be about? After reading, answer these questions:</p> <ul style="list-style-type: none"> • What was this book about? • What are three things you have learnt from reading it? 	<p>Reading Eggs Kids News Scholastic Learn At Home Storyline Online</p>
English – Listening	<p>Listen to a story or podcast with a family member</p> <ul style="list-style-type: none"> • Ask three questions about the story or podcast • Answer three questions about the story or podcast 	<p>Squiz Kids Kids Listen</p>
Brain Breaks	<p>Play scissor paper rocks with a partner Play silent ball with a partner Play musical statues</p>	<p>Fitness Lucky Dips Cosmic Kids Yoga Smiling Mind</p>
English – Writing	<p>Daily writing</p> <ul style="list-style-type: none"> • Write a daily journal to record your day and illustrate • Write letters or emails to friends and family • Use visual prompts and story starters to write a description 	<p>Pobble365 Behind the News (BTN)</p>
English – Spelling	<p>Find three new words and practise writing them using Look Cover Write and Check. Can you spell your new words aloud to a partner? Write your new words in a sentence.</p>	<p>Spelling City</p>
Physical Activity	<p>Complete thirty minutes a day of physical activity. Keep a weekly journal of all your physical activity.</p>	<p>Go Noodle Sport Aus Playing for Life Games</p>
Mathematics	<p>Practice whole number and problem-solving tasks</p> <ul style="list-style-type: none"> • Use materials (playing cards, dice, dominos) to practice addition, subtraction, multiplication and division problems. 	<p>ABC Education Mathematics Maths Seeds Khan Academy</p>
Choice of Additional Activities	<p>Play a musical instrument Draw a plan of your house Help with jobs around the house</p>	<p>Use household items for design and construct activities Play a board game or create a new one</p> <p>Complete a STEM project (Younger students to work with a parent or older sibling to complete)</p>

Communicating with your child

We encourage you to start and finish each day with a simple check in.

Not all children thrive in a remote learning environment – the check ins help keep them on track.

In the morning ask:

- what are you learning today?
- what are your learning targets or goals?
- how will you be spending your time?
- what resources do you require?
- what support do you need?

In the afternoon ask:

- what did you learn today?
- acknowledge one thing that was difficult. Either let it go or come up with a strategy to deal with the same problem if it comes up again
- consider three things that went well today. Why were they good?
- are you ok? Do you need to ask your teacher for something? Do you need help with something to make tomorrow more successful?