

Wamberal Public School

Learning From Home

Parent Guide



Learning From Home

Wamberal Public School

Our school will communicate with you and provide learning activities for your child to do at home, using our normal communication methods such as the school website, Skoolbag, Facebook, newsletters and emails.



Learning From Home

Student responsibilities during remote learning



Adjust these according to the age of your child:

- following a daily routine for learning
- identifying a safe, comfortable, quiet space for learning
- regularly monitoring communications from teachers
- doing their best work
- doing their best to meet timelines and commitments
- communicating with their teacher to seek help as different needs arise
- complying with the department's [student use of digital devices and online services policy](#)

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Establishing routines and expectations

Support your child by:

- establishing routines and expectations from the start
- encouraging your child to follow the class timetable
- encouraging regular breaks and regular movement breaks
- keeping normal bedtime routines

Remote learning guidelines for students and parents



Stay connected



Ask questions



If you don't understand something, ask your teacher or classmates online.

Workspace



Work in a quiet area, at a desk or table and try to limit distractions.

Focus



During calls with your teacher, stay focused on the call. Avoid reading chats or looking at other tabs.

Your normal routine



Eat breakfast, brush your teeth and get dressed in the morning.

Use classroom language



Talking to your teachers and in class is different from how you speak to your friends online. Use proper grammar and avoid excessive emojis.

Take breaks



Take breaks away from screen. Move around and try not to sit all day.

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Setting up a learning environment

Support your child by creating a space that:

- is quiet and comfortable
- is in a public / family space (not in a bedroom)
- has an adult present who can monitor your child's learning



Learning environment checklist

In setting up this space the following should be considered:

- Is the area free of distraction?
- Is there excessive noise in the area?
- Are there trip hazards in the area?
- Is the area exposed to direct glare or reflections?
- Does the area have sufficient power points available?
- Is equipment (extension cords etc.) in good, safe, working condition?
- Is there a proper desk and chair and other necessary equipment (light, stationery and devices)?
- Is the chair adjusted correctly?
 - Feet should be flat on the floor and knees bent at right angles with thighs parallel to the floor.
 - The chair backrest should support the lower back and allow your child to sit upright.
 - The chair should move freely and not be restricted by hazards such as mats and power cords.
 - Chair arm rests should be removed or lowered when typing.
- Is the computer adjusted correctly?
 - The screen should be positioned directly in front of your child.
 - The screen should be at a distance where your child can see clearly and easily without straining. The top of the screen should be slightly lower than eye level.
 - The keyboard should be positioned at a distance where elbows are close to your child's body and their shoulders should be relaxed.
 - The mouse should be placed directly next to the keyboard.
- Are their most frequently used items within easy reach from a seated position?



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Wellbeing



Tips for looking after your children during learning from home include:

- talking about what is happening
- helping your child to think about how they have coped with difficult situations in the past and reassuring them they will cope with this situation too
- exercising regularly
- encouraging children to keep in touch with family members and friends via telephone or email

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Communicating with the school



Your child can communicate with the teacher through the Google Classroom learning management system.

Parent communications with the school are via the existing platforms of email or telephone call to the school.

It is important that parents are mindful that teachers are communicating with dozens of students and as such parent communications sent through the children's classroom will not be responded to.

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Student communications with teachers

Teachers will be communicating with students within the Google Classroom learning management system.

Teachers will have set times for communications, and these will vary day to day.

It is important for you and your child to be patient when waiting for support or feedback.





Accessing digital devices and the internet

You need to be aware of the department's

[Student Use of Digital Devices and Online Services Policy](#)

regarding technology, devices and the internet.



Digital citizenship

We recommend you take the time to explore the issues of [digital citizenship and online safety](#) and discuss these with your child.

It is important that during this period of remote learning we maintain safe and responsible use of information and communication technologies.

This includes the appropriate use of digital platforms, privacy and information protection, respectful communication and how to deal with issues online.



Managing behaviour

Even though your child is at home they still need to comply with the school's behaviour management policy.

Please refer to the following:

- [Student Discipline in Government Schools Policy](#)
- [Behaviour code for students](#)
- [Bullying of Students – Prevention and Response Policy](#)
- [Student use of digital devices and online services](#)

The expectations of your child and their required behaviour will be the same as face to face learning.